



23/04–29/04/2025 INTENSIVE PERIOD

Positive Health & Resilience by using Arts & creative methods

Blended Intensive interdisciplinary internationally program.

Investigate together with other students from health and welfare programs, whether a **creatively stimulating approach** has an impact on health and resilience.

Consuming art reduces psychological stress and increases resilience. With this BIP you will take it one step further and apply **art-based learning**.

Improve your own positive health and resilience by using **creative processes and arts**.

Learn how to implement this in your daily work to **improve the positive health and resilience** of yourself and others.

KdG University of Applied
Sciences and Arts

[**LU:NEX**]

DI AK

Language: English

Duration: 1 week @KdG
in Antwerp

Online meeting :
24/03/2025 at
4.30pm(UTC+1)

19/05/2025 at
4.30pm(UTC+1)

Target group: students
in healthcare & welfare

3 CREDITS

In association with DIAK,
LUNEX & SLAK

MORE INFO NEEDED

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Application deadline :

3 February 2025

SLAK